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## SCHOOL-BASED OUTPATIENT THERAPY

Dear Parent/Guardian:

Your child has been referred for school-based outpatient therapy. This means that therapy will be provided at school, during the school day, by a therapist from Campbell Psychological Services.

### **Steps to Getting Started (for teens age 14+)**

1. Someone from Campbell Psychological will contact you to gather some information. The more quickly you respond, the more quickly your child can get started.
2. You and your child will need to sign a few intake forms on-line, which will be sent through our Client Portal. **\*\*We cannot schedule an appointment until these forms are completed.\*\***
3. We will schedule an intake appointment for your teen. Parents are encouraged to attend the intake too. At the intake, you, your child, and the therapist will discuss concerns and also goals for therapy.
4. Your child's therapist will coordinate with the school counselor to schedule your child's therapy appointments.

### **Parent Involvement Once Therapy Begins**

You are encouraged to stay in touch with your child's therapist. Depending on your child's therapy goals, it may help for you to join some of your child's therapy sessions. However, in Pennsylvania youth ages 14 and older generally control their own medical record and confidentiality in treatment. Because of state laws, how much information the therapist can share with you will depend on what your child allows.

When you receive the Service Agreement with your intake forms, please read it carefully. If you have any questions or concerns, please discuss them your child's therapist. We are very proud to be a school-based therapy provider and want this to be a positive experience for you and your teen. Please feel free to contact us at any time with questions or concerns.

Sincerely,

Liz Campbell, Ph.D.  
Director