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SCHOOL-BASED OUTPATIENT THERAPY

Dear Parent/Guardian:

Your child has been referred for school-based outpatient therapy. This means that therapy is provided at school, during the school-day, by a therapist from Campbell Psychological Services. Although the therapy occurs at school, your involvement is still very important and welcomed!

Steps to Getting Started (for children 13 and younger)

1. Someone from Campbell Psychological will contact you about getting started. The more quickly you respond, the more quickly your child can get started.
2. You will need to sign several intake forms, which are sent through our Client Portal. If there is shared legal custody of the child, we will need to get permission from all parents/guardians. ****We cannot see your child for therapy until these forms are completed.****
3. We will schedule an intake appointment which must be attended by a parent/guardian. The appointment can occur in-person or over video. You will meet with your child's therapist during this time and discuss goals for therapy.
4. Your child's therapist will coordinate with the school counselor to schedule your child's therapy appointments.

Parent Involvement Once Therapy Begins

You are encouraged to stay in touch with your child's therapist. Depending on your child's therapy goals, it may help for you to participate in some therapy sessions with your child.

When therapy begins, your child's therapist will develop a treatment plan based on your input. Every 3-4 months, your child's therapist must update that plan. If you have Medical Assistance, your insurance *requires* that a parent participate in the update and sign off on it. **It is very important that your child's therapist can get in touch with you for these updates, so that your child can continue therapy.**

When you receive the Service Agreement with your intake forms, please read it carefully. If you have any questions or concerns, please discuss them your child's therapist. We are very proud to be a school-based therapy provider and want this to be a positive experience for you and your child. We look forward to working with your family!

Sincerely,

Liz Campbell, Ph.D., Director